



# The 6th Swinton 10 Mile Road Race

Part of the Central Lancashire Grand Prix Series

**Sunday 27<sup>th</sup> September 2015, Start Time: 9:30am**

**Registration only at  
Swinton FC Clubhouse, Barton Road, Swinton, M27 5LJ.**

**Car parking available only at  
Springwood Primary School, Barton Road, Swinton, M27 5LP.**

**Car Parking, Hot Drinks and Toilet facilities available.**

**First Aid, Accurate Mile Markers.**

**Sorry, the course is not suitable for wheelchair athletes.**

**Computerised results available on the day.**

**For safety reasons the use of IPODs and MP3 players are NOT permitted.**

**Route details available on [www.swintonrunningclub.org.uk](http://www.swintonrunningclub.org.uk).**

**Entries on the day up to race limit if available, limit 400 Entries.**

## Race Memento

*Prizes awarded for the first five men and women*

*First male and female in all veteran categories*

*First team male and female (three to count)*

*1 prize per runner, except team prize*

Entries to: Swinton Running Club, 33 Newtown Street, Prestwich, Manchester. M25 1HU.

CLOSING DATE FOR POSTAL ENTRIES: 24<sup>th</sup> September, 2015

**Online entries available at**



**bookitzone.com**

**Please collect all race numbers on the day**

## The Swinton 2015 10 Mile Road Race

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Male: ☐ Female: ☐ Age on Race Day (Min Age 17): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Affiliated Club: \_\_\_\_\_ UKA Number: \_\_\_\_\_

**Fee Enclosed: Affiliated £8.00 Unattached £10.00 (Entries on the day £2.00 extra)**

**Cheques payable to Swinton Running Club**

I declare that I am an amateur as defined by UKA Rules, and I am in good health, and agree not to wear earphones or other devices which may restrict my hearing, causing potential danger to myself and others.

The organisers shall not be liable for any loss, damage, actions, costs or expenses which I may suffer as a result of participating in this event.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or Guardian of runners under 18 years of age)