

Burnden Road Runners



www.burndenroadrunners.co.uk

invite

ALL RUNNERS

to run

The Trotters' Five

(Approximately 5 mile trail race)

Sunday 1st March 2015 - Starting at 10am

at

Smithills Coaching House – Smithills Dean Rd, Bolton, BL1 6JS

Part of the Central Lancs Grand Prix Series

Run under UKA rules - Licence number TBA- Minimum age 16 years

A traffic-free course on trails and paths through parkland

Prizes to first 3 finishers and first team (3 to count)

Prize categories: Junior, Senior, Over 35, Over 40, Over 45, Over 50, Over 55, Over 60, Over 70

Technical T-Shirt to all finishers

Registration, changing rooms, showers and ample car parking at Smithills Sports Centre, Smithills Dean Road, Bolton BL1 6JS

Entry fees: £10 affiliated, £12 unaffiliated (£2 extra on the day)

Cheques payable to **Burnden Road Runners & include a 1st class stamped addressed envelope**

Send entries to: Pete Hopley, Norcross Farm, Norcross Brow, Withnell, Chorley, PR6 8RT

Tel: 01254 832220

Or ON-LINE entries via SportSoft and UK Results website at: www.race-results.co.uk or www.ukresults.net

Runner's World, website at: www.runnersworld.co.uk

Entries limited to 500. Closing date for receipt of postal entries: 23RD February 2015

ENTRY FORM

First name: _____ Surname: _____

Address: _____

Postcode: _____ Telephone no: _____

E-mail: _____ Vet category _____ M/F _____

UKA Affiliated Club (if any): _____

England Athletics Registration No: _____ Date of Birth: _____

Entry fee enclosed: _____ and SAE.

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any, loss, damage, illness or injury sustained as a result of taking part in the race.

Signed: _____ Date: _____