

Andems Runners assisted by Rochdale Harriers & Trawden AC present

The Gerry McCabe 5K Brownhouse Trail Race A.R.C Rules. Permit No ()

7pm Wednesday 17th September 2014 from The Oxford Pub, Whitworth Road,
Rochdale, OL12 0SR (A671 Burnley Rd)

Andems are pleased to Honour Gerry for his **Outstanding Contribution to Athletics, in particular his involvement in the BPGP.**

Entry Fee £4.00 to Club Runners. £6.00 to Non Club Runners. £1.00 extra on night. Cheques payable Andems Runners GM Run to Andy O'Sullivan, MBE

Enter online at BookitZone.com

40 Crowshaw Drive, Rochdale OL12 0SR. Enqs on (01706) 750620. Or
info@andemsrunners.co.uk PLEASE COLLECT NUMBERS ON NIGHT, ARRIVE
EARLY, Pool Vehicles and park at the Oxford & Marathon Belting Car parks.

Extensive Prize list in all categories. **ALL proceeds to Joshua Wilson Brain Tumour Charity & Turning Point.** WWW.Joshwilson.org.uk/donations

This course starts with Road Hill climb, stoney trail and two laps of the disused Reservoir.

Please retain above and return below to Organiser

Name.....Age.....Sex.....

Club (If Any).....Tel No.....

Address.....

I accept that Andems Runners cannot be held responsible for any injury, loss or damage occurring before, during or after this 5K. I am physically fit and enter at my own risk. I abide by ARC rules.....Signed.....Dated (By Adult if U/18)