

Andems Runners assisted by Rochdale Harriers present

The Lynne Edmondson & Christine Navan Memorial
Brownhousewham Reservoir Race

Association of Running Clubs Rules. Permit No)

11.00am Sunday 22nd November 2015 from the Red Lion, Whitworth Square, Whitworth, Rochdale. (A671 Burnley Rd)

Andems Runners are staging this 5k run around Brownhousewham Reservoir in memory of Lynne & Christine. Proceeds to **SPRINGHILL HOSPICE & THE CHRISTIE.**

Entry Fee £6.00 to unaffiliated £4.00 to Club Runners. £1.00 extra on day, Cheques payable Andems Runners LECNMR to Andy O'Sullivan MBE

40 Crowshaw Drive, Lower Healey, Rochdale, OL12 OSR.

Telephone enqs (01706) 750620 or info@andemsrunners.co.uk

Prize to ALL Finishers. Prizes in all categories. Scenic course/well marshalled. Start and finish outside Red Lion Pub.

Please pool vehicles and park in Cowm Park Way South. **Please support this very worthwhile race in memory of these very special Women. This doubles as a memorial to ALL treated at SPRINGHILL HOSPICE & THE CHRISTIE.**

Registration and Prize giving in the Red Lion. Food Available. Fine Ales.

Name..... Age.....Sex.....

Address.....

Club (If Any)..... Tel No.....

UK Athletics No..... e-mail.....

I accept that the organisers cannot be held responsible for any injury, loss or damage incurred before, during or after the race. I am physically fit and enter at my own risk.....Signed.....Dated
(By Parent/Guardian if U/18)