

Inskip Half Marathon

Sunday 19th January 2014

Start 10.30am

This is a accurately measured mildly undulating FAST course taking in the lanes of the Wyre & Fylde countryside.

Race HQ is at HMS Inskip Higham Side Rd Inskip.

Parking is at HMS Inskip.

Prizes are to first 3 men & 3 ladies plus all vet categories up to 80.

There will be £40 for the male and female course record to be broke and spot prizes.

Course Record .Stewart Robinson 1hr 8 mins 25 seconds

There will be refreshments on sale at a small charge such as tea/coffee soft drinks and cakes, and after the race there will be a meat or veg hot pot lunch for each runner .

Entry fee £14 attached £16 unattached limit is 500 and will be pre entry only and can be entered online at

www.ukforms.net

PRE ENTRIES ONLY NO ENTRIES ON THE DAY

Closing date for entries will be 12th Jan 2014 and all POSTAL numbers will be posted out with race info sheet.

Entries to be sent with a S.A.E to Alan Taylor 8, Mickleden Ave Fulwood Preston Lancs PR2 9TA Cheques made payable to Alan Taylor.

Online entries will be picked up on the day at the race HQ.

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Name.....Club.....

Address.....

.....E.mail.....

Tel..... D.O.B..... M/F..... Age on race day.....

Food preference. Meat or Veg Hot pot.

Disclaimer, I the undersigned enter this race at my own risk and will not hold the organiser responsible for any loss / damage or injury to myself or property at the event HQ or at any time during the Event

Signed.....